**Physical Education Curriculum Overview Year A & Year B**

**Reception (Yearly)**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Rabbit EYFSTeacher led | FundamentalMovement SkillsUnit 1 | Virtual Cross Country | GymnasticsUnit 1 | Virtual Multi Skills Challenge  | GamesUnit 1 | Virtual Tennis Challenge |
| Coach led | Introduction to PEUnit 1Balance Bikes |  | Dance Unit 1 | Virtual Basketball | Ball SkillsUnit 1 | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Rabbit EYFSTeacher led | Introduction to PEUnit 2 | Virtual Sports Hall Athletics | DanceUnit 2 | Virtual Skipping Challenge | Ball SkillsUnit 2 | Virtual Cricket Challenge |
| Coach led | Fundamental Movement SkillsUnit 2 |  | GymnasticsUnit 2 | Virtual Hockey Challenge | GamesUnit 2 | Virtual Netball Challenge |

**Year 1/2 - Year A**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Squirrel Y1/Y2Teacher led | Fundamentals | Virtual Cross Country | Y1 Gymnastics | Virtual Multi Skills Challenge  | Y1 Team Building | Virtual Tennis Challenge |
| Coach led | Y1 Ball Skills |  | Y1 Sending and Receiving | Virtual Basketball | Y1 Striking and Fielding | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Squirrel Y1/Y2Teacher led | Y1 Dance | Virtual Sports Hall Athletics | Y1 Yoga | Virtual Skipping Challenge | Y1 Athletics | Virtual Cricket Challenge |
| Coach led | Y1 Fitness |  | Y1 Net and Wall | Virtual Hockey Challenge | Y1 Target Games | Virtual Netball Challenge |

**Year 1/2 - Year B**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Squirrel Y1/Y2Teacher led | Y2 Fundamentals | Virtual Cross Country | Y2 Gymnastics | Virtual Multi Skills Challenge  | Y2 Team Building | Virtual Tennis Challenge |
| Coach led | Y2 Ball Skills |  | Y2 Sending and Receiving | Virtual Basketball | Y2 Striking and Fielding | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 2** | **Competitions** | **Summer 2** | **Competitions** |
| Squirrel Y1/Y2Teacher led | Y2 Dance | Virtual Sports Hall Athletics | Y2 Yoga | Virtual Skipping Challenge | Y2 Athletics | Virtual Cricket Challenge |
| Coach led | Y2 Fitness |  | Y2 Net and Wall | Virtual Hockey Challenge | Y2 Target Games | Virtual Netball Challenge |

**Year 3/4 - Year A**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Badger Y3/Y4Teacher led | Y3 Fundamentals | Virtual Cross Country | Y3 Dance | Virtual Multi Skills Challenge  | Y3 Tennis | Virtual Tennis Challenge |
| Coach led | Y3 Ball Skills |  | Y3 Netball | Virtual Basketball | Y3 Athletics | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
|  Badger Y3/Y4Teacher led | Y3 Gymnastics | Virtual Sports Hall Athletics | Y3 Fitness (HiTT) | Virtual Skipping Challenge | Y3 Cricket | Virtual Cricket Challenge |
| Coach led | Y3 Team Skill Games |  | Y3 Tag Rugby | Virtual Hockey Challenge | Y3 Handball | Virtual Netball Challenge |

**Year 3/4 - Year B**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| Badger Y3/Y4Teacher led | Y4 Basketball | Virtual Cross Country | Y4 Dance | Virtual Multi Skills Challenge  | Y4 Tennis | Virtual Tennis Challenge |
| Coach led | Y4 Golf |  | Y4 Hockey | Virtual Basketball | Y4 Athletics | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
|  Badger Y3/Y4Teacher led | Y4 Gymnastics | Virtual Sports Hall Athletics | Y4 Yoga | Virtual Skipping Challenge | Y4 Athletics | Virtual Cricket Challenge |
| Coach led | Y4 Football |  | Y4 OAA | Virtual Hockey Challenge | Y4 Rounders | Virtual Netball Challenge |

**Year 5/6 - Year A**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| OwlY5/6Teacher led | Y5 Swimming | Virtual Cross Country | Y5 Football | Virtual Multi Skills Challenge  | Y5 Tennis | Virtual Tennis Challenge |
| Coach led | Y5 Netball |  | Y5 Dance | Virtual Basketball | Y5 Tennis | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| OwlY5/6Teacher led | Y5 Swimming | Virtual Sports Hall Athletics | Y5 Tag Rugby | Virtual Skipping Challenge | Y5 Cricket | Virtual Cricket Challenge |
| Coach led | Y5 Gymnastics |  | Y5 Badminton | Virtual Hockey Challenge | Y5 Fitness | Virtual Netball Challenge |

**Year 5/6 Year B**

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|  | **Autumn 1** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| OwlY5/6Teacher led | Y6 Swimming | Virtual Cross Country | Y6 Yoga | Virtual Multi Skills Challenge  | Y6 Rounders | Virtual Tennis Challenge |
| Coach led | Y6 Gymnastics |  | Y6 Volleyball | Virtual Basketball | Y6 Tennis | Virtual Athletics Challenge |
|  | **Autumn 2** | **Competitions** | **Spring 1** | **Competitions** | **Summer 1** | **Competitions** |
| OwlY5/6Teacher led | Y6 Swimming | Virtual Sports Hall Athletics | Y6 Dance | Virtual Skipping Challenge | Y6 Athletics | Virtual Cricket Challenge |
| Coach led | Y6 Basketball |  | Y6 Hockey | Virtual Hockey Challenge | Y6 Handball | Virtual Netball Challenge |