School Lunch Menu October 2023

Please find below the 3 week lunch menu. For children in EYFS to Year 2, school meals remain free of charge, from years 3 to 6 meals are charged at £2.50 each. If you have any questions please speak to Nicola or Dawn – Many thanks

Week 1 - 09/10/23 06/11/23 27/11/23 18/12/2023 15/01/2024 05/02/2024 04/03/2024 25/03/2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| Margherita Pizza Or Jacket Potato with Cheese and/or Beans | Sausages Or Vegetarian Sausage in a Roll | Beef Meatballs in tomato Sauce Or Tomato Pasta | Roast Chicken Or Quorn Fillet | Battered Fish Or Vegetable Goujons |
| Baked Beans | Potato Wedges Seasonal Veg | Pasta Garlic Bread | Roast Potatoes, Yorkshire Pudding, Seasonal Veg & Gravy | Oven Baked Chips Peas or Beans |
| School Packed Lunch Ham/Cheese Roll Tortilla Chips Veggie Sticks Fruit Wedge Desert of the Day Chocolate Crunch & Chocolate Sauce | School Packed Lunch Ham/Cheese Roll Tortilla Chips Veggie Sticks Fruit Wedge Desert of the Day Flapjack with Fruit Wedge | School Packed Lunch Ham/Cheese Roll Tortilla Chips Veggie Sticks Fruit Wedge Desert of the Day Victoria Sponge | School Packed Lunch Ham/Cheese Roll Tortilla Chips Veggie Sticks Fruit Wedge Desert of the Day Apple Crumble & Custard | School Packed Lunch Ham/Cheese Roll Tortilla Chips Veggie Sticks Fruit Wedge Desert of the Day Fresh Fruit or Yoghurt |

Week 2 - 16/10/2023 13/11/2023 04/12/2023 02/01/2024 22/01/2024 12/02/2024 11/03/2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-----------------------|----------------------|------------------------|---------------------|
| Tomato Pasta | Pork & Apple Burger | Beef Bolognaise | Roast Chicken | Battered Fish |
| Or | Or | Or | Or | Or |
| Jacket Potato with | Vegetable Bean Burger | Macaroni Cheese | Roast Quorn Fillet | Vegetable Goujons |
| Cheese and/or Beans | | | | |
| Seasonal Salad | Potato Wedges | Garlic Bread | Roast Potatoes, | Oven baked Chips |
| | Seasonal Veg | | Yorkshire Pudding, | Baked Beans |
| | | | Seasonal Veg & Gravy | |
| School Packed Lunch | School Packed Lunch | School Packed Lunch | School Packed Lunch | School Packed Lunch |
| Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll |
| Tortilla Chips | Tortilla Chips | Tortilla Chips | Tortilla Chips | Tortilla Chips |
| Veggie Sticks | Veggie Sticks | Veggie Sticks | Veggie Sticks | Veggie Sticks |
| Fruit Wedge | Fruit Wedge | Fruit Wedge | Fruit Wedge | Fruit Wedge |
| Desert of the Day | Desert of the Day | Desert of the Day | Desert of the Day | Desert of the Day |
| Chocolate Cornflake | Shortbread Biscuit & | Lemon Drizzle Sponge | Fresh Fruit or Yoghurt | Ice Cream Sundae |
| Nest | Fruit Wedge | Cake | | |

Week 3 - 02/10/2023 30/10/2023 20/11/2023 11/12/2023 08/01/2024 29/01/2024 26/02/2024 18/03/2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|---------------------|----------------------|------------------------|-----------------------|
| | | | | |
| Margherita Pizza | Sausage Roll | Beef Lasagne | Roast Pork | Battered Fish |
| Or | Or | Or | Or | Or |
| Jacket Potato with | Vegan Sausage Roll | Vegetable Pasta Bake | Vegan Toad in the Hole | Vegetable Goujons |
| Cheese and/or Beans | | | | |
| , | | | | |
| Potato Wedges | Mashed Potato | Garlic Bread | Roast Potatoes, | Oven baked Chips |
| Salad | Beans | | Yorkshire Pudding, | Peas or Beans |
| | | | Seasonal Veg & Gravy | |
| School Packed Lunch | School Packed Lunch | School Packed Lunch | School Packed Lunch | School Packed Lunch |
| Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll | Ham/Cheese Roll |
| Tortilla Chips | Tortilla Chips | Tortilla Chips | Tortilla Chips | Tortilla Chips |
| Veggie Sticks | Veggie Sticks | Veggie Sticks | Veggie Sticks | Veggie Sticks |
| Fruit Wedge | Fruit Wedge | Fruit Wedge | Fruit Wedge | Fruit Wedge |
| Desert of the Day | Desert of the Day | Desert of the Day | Desert of the Day | Desert of the Day |
| Vanilla Crunch | Iced Sponge | Oaty Cookie & Fruit | Chocolate Pudding & | Fresh Fruit Selection |
| | | Wedge | Chocolate Sauce | or Yoghurt |